



# AIR SUMMER PROGRAM 2012

## AIR Programs



## WELCOME TO THE AIR SUMMER PROGRAM

The AIR Program welcomes you to the AIR Summer Program 2012, our 19th year serving the San Diego

County region. Our program is established on the ideals of academic success for our American Indian participants through a philosophy of learning and teaching through culture. Within our Summer Program our approach is to provide academic support during a non-academic portion of the school year. We do this within three main areas which we use to service our participants.

**Area 1: Academic workshops**— to help our students understand processes of higher education. This includes: working with teachers and professors, study skills, what degrees are, applications, and much more.

**Area 2: Understanding of Native Issues**—Here we both research American Indian issues through assistance of our mentor staff and attempt to understand these issues through various activities to reinforce the ideals that we have researched. The ideal is to give research methodology on an academic level that will benefit the student in their current and future academic settings and to induce interest in our American Indian cultures which will promote greater self-confidence/empowerment for our student participants.

**Area 3: Familiarity with Higher Education**— the ideal is to show and acclimate the students to the higher educational setting. We hope to give familiarity with the campuses and overcome the initial fears of the university environment.

These ideals are used in promoting academics and higher education within our program but it is not limited to these areas. Friendships and enjoying ourselves in a nurturing environment is also part of our goal. Overall, many of our students have gone on to pursue higher education and we hope that this summer you enjoy the program as those in the past have.

## Summer Topics: *Understanding concepts of culture, preservation, heritage, and NAGPRA*

This Summer, we will introduce the topic of *Cultural Preservation*. Our Native Communities, are rich in history, traditions and culture but when denied cultural artifacts or items of cultural significance, where rock art and petroglyphs that tell our stories are vandalized, or where our ancestors are paved over for the progress of others then we lose part of our history and culture. As a future leaders, students, must understand these ideals of our past that validates our being in the present and carries us into the future as a Native Nation.

To understand this topic we will cover concepts of cultural artifacts and their significance, legal concepts of some laws designed to protect Native Culture, and current issues within Indian Country, that are having significant impact on our Native Nations. We will we accomplish this research on the university campus, through interviews with local leaders and those that are leading and protecting Native cultural items, and through on-site visits to many areas of significance locally.

Using this topic as a basis, our students, in addition to this exciting topic, will learn about our universities and campus libraries, teach research methodology from our mentors, learn how to make effective presentations, and learn more about these issues affecting our communities. Overall, we hope you find great interest on this topic.

**AIR SUMMER PROGRAM 2012****Meeting 1 (SDSU):**

Location: SDSU

Room: P 149

**6-25-12**

Time: 11:30 am-2:00 pm

**Introductions: Culture and Preservation**  
**Welcome from SDSU/ Summer Orientation**  
**Teambuilding and Campus Exploration**

The purpose of these teambuilding exercises is to have everyone get to know each other but more importantly to develop trust between the students. Trust is important as it allows students to break out of their shells, ask questions, make friends, join groups (such as study groups or afterschool programs) and engage in academics. Therefore, these teambuilding activities will give students practice working with others and help them become more confident, so that when they go to college, they won't be afraid to get involved on campus or meet with their professors—key elements of academic success!

**Cultural Preservation 101: “Why we save the past” and Federal laws: *Native American Graves and Repatriation Act (NAGPRA)***

There is so much to know about preserving our Native cultures but one of the most important things to address is “why?” Why is it important to keep items from our past or look at things that represent our past? Throughout the summer, we will explore the different aspects that make cultural preservation important and provide definitions from NAGPRA, the federal law that was enacted to achieve this very meaningful goal.

**Final Thoughts of the Day**

Wrap up of today's events and instructions for Wednesday's field trip.

**Meeting 2 (SDSU-AC):**

Location: SDSU (Aquatic Center)

**6-27-12**

Time: 11:00 am-3:00 pm

**Introductions: Culture and Architecture**  
**Aztec Aquaplex Boat Building Regatta**  
**Historical Relevance**

In North America several Native groups of people historically used boats along rivers and within the Atlantic and Pacific Oceans. Eskimos in the Eastern and Western Arctic hunted great whales, they did this in umiaks -- skin-on-frame open boats considerably larger than the kayaks in which they hunted smaller prey. In the northwest tribes hunted gray whales in large dugouts. Tule boats were common among the southwest tribal peoples from California. Culturally this is significant, thus we want to learn about the architectural contributions of Native communities.

**Boat Building Activity**

Today we will learn just how difficult it is to construct a boat that floats and moves across water at the ARC. This will give you some idea on how hard it was for those centuries before in building their boats and the significance of boating within Native cultures.

**Concept**

This is a team initiative that requires planning in small groups to design, construct and navigate a cardboard boat across the 50m Aztec Aquaplex lap pool.

**Final Thoughts of the Day**

Wrap up of today's events and scheduled line-up for next week.

**Meeting 3 (Museum of Man):**

Location: Balboa Park

**7-2-12**

Time: 10:30 am – 3:00 pm

**Introductions: Culture and Representation**  
**Museum of Man**

The Museum of Man has some of the most historical and culturally relevant materials on Native American cultures. Here we will learn more about cultural items and their significance.

**Activity: Picture Challenge**

In small teams students will have 1 hour to explore the museum and complete the picture challenge.

Using boating as an example, venture through the museum, and think about how much skill and cooperation was involved in building the boat last week. Check out the Kumeyaay Tule boats.

Visit the traveling exhibit- “**Ramp It Up: Skateboard Culture in Native America**” Think about skateboards in the context of NAGPRA, as cultural artifacts of the Native Hawaiian peoples. Skateboards came from Native Hawaiian surfboards.

**IMAX at Science Fleet Center**

**Final Thoughts of the Day:** Wrap up of today's events and scheduled line-up for next week.

**NOTE: NO PROGRAM WEDNESDAY JULY 4**



Thank you, to the San Manuel Band of Mission Indians for their support, truly, your support for our Native Communities and our AIR Program has made a great difference, thank you!

**AIR SUMMER PROGRAM 2012**

**Meeting 4 (SDSU):**

**Location:** SDSU

**Room:** P 149

**7-9-12**

**Time:** 11:30 am-2:00 pm

**Introductions:** Culture and NAGPRA

**Workshop:** Knowledge is power! “Why college?”

College allows us to become leaders for our communities and gives us countless options for the future. It enables us to pursue our dream jobs because we’ll have that college degree.

**Activity:** Jeopardy “Path to Success—A-G Requirements”

**Teambuilding Activity**

Protecting items that are personal to you is important. We often cover our books, enclose our phones in cases, wear glasses to protect our eyes, etc. This activity will show you what goes into protecting something. Each team will have five minutes to create a protective case for an egg that will be dropped from one story. The goal is to protect your egg (no scrambled eggs here).

Within our summer program, we are learning about protection in all facets, from protecting our identity to protecting our cultures. Therefore, this exercise is a creative way to enrich our understanding of the communal effort involved in preserving something.

**Research at SDSU Library- NAGPRA**

Mentors will guide students through culturally focused research questions and show them how to use and cite online sources. This is an essential skill in college as students’ grades are often based on research papers and therefore we want to prepare our Native youth in this area.

**Final Thoughts of the Day:** Just as our Native communities have laws to preserve our culture, there are laws to protect the environment—especially areas rich in wildlife, such as the La Jolla Ecological Reserve. *Wrap up of today’s events / instructions for Weds.*



**Meeting 5 (La Jolla Shores): 7-11-12**

**Location:** La Jolla Shores

**Time:** 11:00 am - 3:00 pm

**Introductions:** Culture and Environment

**La Jolla Ecological Reserve**

**Connection to Native Cultures**

The reserve, a protected waterway, is the final resting place for numerous artifacts of the Kumeyaay Nation. Generations of Kumeyaay incorporated the ocean and bays off San Diego’s coast into their lifestyle, using them to find sustenance and helping them travel to other regions where other bands of the Kumeyaay Nation had settled.

**Teambuilding Activity: Our Ecological Footprint:** Students will break into groups and each group will receive a variety of commonly polluted items, such as a plastic bag, soda can, and banana peel. Groups will have a set amount of time to estimate how long each of their items take to decompose. After, they will learn the actual decomposition rates and hopefully walk away with a stronger understanding of the need for recycling.

**Kayak Tour**

We will explore sea cliffs and sea caves as we kayak through the amazing La Jolla Ecological Reserve, which is full of marine life. Garibaldi, sea lions, leopard sharks, shovelnose guitarfish and even dolphins may be encountered on our venture.

**Final Thoughts of the Day**

Wrap up of today’s events and scheduled line-up for next week.



*Special thanks to the University of San Diego, Dept. of Ethnic Studies, and CASA Programs for their great support of our program these many years, to San Diego State University, Department of American Indian Studies and President’s Office for their support of Native Americans and our program, to the University of California, San Diego, for their support and finally, to California State University, San Marcos for their overwhelming support of our AIR Jr. Program 2012, Our combined efforts are producing more Native College bound students than ever before!*



## AIR SUMMER PROGRAMS 2012

**Meeting 6 (SDSU)**

Location: SDSU

Room: P 149

**Date: 7-16-12**

Time: 11:30 am-2:00 pm

**Introductions: Culture and Athletics****Lacrosse: Short Video, History & Cultural Significance**

How does culture get passed on from generation to generation? Artwork, tools, clothing, and even sporting equipment can tell us stories about our ancestors—what our tribes used in their daily lives; how they cooked, what kind of things they did for fun, what they did during ceremonies, etc.

A lacrosse stick is a cultural item of certain tribes from the Northeast. Today we will play lacrosse and learn about its history.

**Lacrosse Basics & Language Workshop**

Learn how to say lacrosse terms in the languages of the Plains & eastern Woodlands tribes.

Break into partners and learn the basics of throwing and catching, count how many times you can pass the ball without dropping it.

**Lacrosse Tournament****Final Thoughts of the Day**

Wrap up of today's events and instructions for Wednesday's field trip.

**Reflection Activity**—How does cultural preservation connect to what we learned today and to our upcoming field trip to Torrey Pines?

**Meeting 7 (Torrey Pines)**

Location: Torrey Pines

**7-18-12**

Time: 11:00 am - 3:00 pm

**Introductions: Culture and Everyday Living****Torrey Pines State Reserve**

**History of Torrey Pines:** *How is protecting the Torrey Pine similar to protecting our Native cultures?*

The Torrey Pines area was home to the Kumeyaay for thousands of years before the Europeans arrived. The Kumeyaay utilized the local plants and raw materials in all facets of their daily life. They lived in ewaas, which were dome shaped homes that had soft grass floors and sycamore and oak tree branch frames. They made baskets from willow trees, sumac, and grass and designed pottery from clay. They made clothes using rabbit skin, buck skin, sea otter skin, and bark as well as shoes using agave and yucca fiber. Many of their tools were made primarily of stone, like their grinding and milling tools, which were essential in acorn preparation.

**Group Hikes & Scavenger Hunt:** We will break into groups to hike the Torrey Pines' trails and attempt to identify indigenous flora and fauna along our way for a scavenger hunt activity.

**Final Thoughts of the Day**

Wrap up of today's events and scheduled line-up for next week.

**Meeting 8 (SDSU):**

Location: SDSU

Room: P 149

**7-23-12**

Time: 11:30 am-2:00 pm

**Introductions: Culture and Pride****AIR Summer Slideshow**

We will watch a compilation of pictures from our summer program that showcases students' fondest moments and memories with their friends and mentors.

**Awards Ceremony**

Students and mentors will receive awards certificates as well as other honors for their participation in AIR Summer.

**Reflection**

What did we do during AIR Summer that made the largest impact on us?

**Raffle for Students & Families****Final Thoughts of the Day:**

Wrap up of today's events and instructions for Wednesday's field trip.



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**Meeting 9 (TBA):**

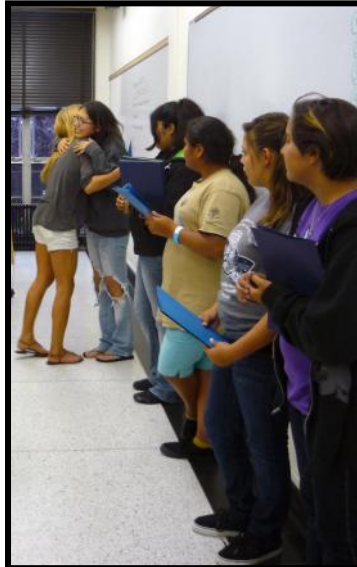
Location: TBA

**7-25-12**

Time: 8:00 am to 4:00 pm



**Final Field Trip—Surprise!**



*Thank you to the Rincon Band of Luiseño Indians for all your support for this years programs. Truly, you are making a difference in our community.*



Thanking Administration for Native Americans for this opportunity to serve our Native Community.



*Thank you to the San Pasqual Band of Mission Indians for your support throughout these many years.*

*Thank you Sharp Business Systems and to the Procopio Law Firm for your support for our program.*

